REGISTERED COMPANY NUMBER: 08230197 (England and Wales) REGISTERED CHARITY NUMBER: 1151194

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2018
for
Veterans in Communities
(A Company Limited by Guarantee)

N J Grindrod & Co Limited 21 Hare Hill Road Littleborough Lancashire OL15 9AD

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Reference and Administrative Details for the Year Ended 31 March 2018

TRUSTEES

R Barker MBE (Chairman)

J F Beilby C E Crawforth B G Hyde J B Payton MBE D A Peat OBE Major C R Smethurst

W Ogden (appointed 9.11.17)

COMPANY SECRETARY

J B Payton MBE

REGISTERED OFFICE

VIC Centre 12 Bury Road Haslingden Rossendale BB4 5PL

REGISTERED COMPANY

NUMBER

08230197 (England and Wales)

REGISTERED CHARITY

NUMBER

1151194

INDEPENDENT EXAMINER

N J Grindrod & Co Limited

21 Hare Hill Road Littleborough Lancashire OL15 9AD

SOLICITORS

Woodcock & Sons, Princess Street, Haslingden,

Rossendale, Lancashire. BB4 5NH

Report of the Trustees for the Year Ended 31 March 2018

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Charitable Objects

The charitable objects of VIC as registered with the Charity Commission are:

To relieve need, suffering and distress amongst veterans of all branches of the Armed Forces and their partners, spouses and dependents in such ways as the Trustees shall think fit, particularly but not exclusively, by providing a comprehensive and diverse outreach programme developed, designed and delivered by veterans for veterans in the North West which supports veterans suffering the effects of war and have found the transition from military to civilian life difficult as a means to preserve and protect their physical and mental health; support their resettlement, rehabilitation, if needed, and their retraining to help them obtain employment.

VIC Mission Statement

To ensure that ex-service personnel and their families can return to, belong and prosper in their communities.

Objectives

- To provide open access to a trusted single point of contact ensuring all who may experience immediate and future difficulty in transitioning from military to civilian life in any way know where to go, who to see and what to do
- To provide a range of interventions to meet the individual need of the AFC member to accomplish transition
- To provide access to every opportunity available to maintain health and wellbeing and achieve a return to economic activity
- To provide ongoing support to veterans and their families that promotes continuing recovery for as long as is required and recognition that family and dependants as integral to recovery
- To deliver back to the community the benefit of their service skills and knowledge
- To provide subject matter expertise and support to Local Authorities and their Armed Forces Community Covenant partners in gaining a 'veterans eye-view' and assistance in engaging with the community
- To highlight and promote awareness of veterans needs
- Establish pathways and partnerships for joint working to achieve mutual outcomes and resource efficiencies

Veterans in Communities is founded on peer support and committed to partnership and collaborative working to achieve positive outcomes that result in returning, belonging and prospering.

Report of the Trustees

for the Year Ended 31 March 2018

OBJECTIVES AND ACTIVITIES

VIC Aims

- To provide support for ex-military personnel, ex-emergency services and prison service personnel and their families
- To encourage others to bring their knowledge, experience and expertise to provide help, support and advice to members of the Armed Forces and uniformed civilian communities and build on existing services and develop others
- To encourage the integration of former service personnel into civilian life by encouraging them to contribute their service experience and skills to help the local community
- To work together in partnership with others to support the Armed Forces Community Covenant in recognising in-service and ex-service personnel and their families.
- To establish partnerships through pledges which while not replacing statutory services, work towards addressing issues which affect former armed forces personnel and their families.

Volunteers

Veterans in Communities is indebted to all of our volunteers. Without their generous sharing of time, knowledge, skills and experience VIC would be unable to provide the same levels of service and support. During the year we have been supported by over 35 volunteers in a range of activities

- Fundraising
- Outreach
- Peer support
- Administrative support
- Art group
- Sandbag café
- Allotment
- Walks
- Trips

More than 1000 hours have been donated by volunteers to VIC, which equates to over £7,500 if converted using National Minimum Wage figures.

STRATEGIC REPORT

Achievement and performance

Fundraising activities

VIC has worked hard during the year to increase the financial contribution of fundraising and events. Much of this is thanks to the sterling efforts of the VIC Singing Group from collections during their performances in local supermarkets.

We held our first Veterans and Voices event, featuring the talents of our Singing Group, local children's choir Wonderful Things, Sarah Dennis and the Haslingden and Helmshore Brass Band. We are very grateful to all those companies who sponsored this event enabling us to raise over £700; David Gould Opticians, B&E Boys, Jane Boys Clog Market, Maria Teoli, Beta Group, and Rossendale Borough Council. The event was hosted by St Mary's Church, Rawtenstall and plans are in place to return in 2018.

Individual VIC members also took up the fundraising challenge with two members organising a fundraising event at a local venue, The Cornerstone. Entertainment was provided by former Royal Engineer Keith Walmsley. The pie and pea supper was made possible by the loan of a portable food warmer by Mainland Catering and the cooking skills of VIC's Finance Assistant.

Two local supporters were brave enough to throw herself out of an aeroplane in a sponsored skydive which raised over £1,500, whilst other funds have been raised at local fairs and events.

Report of the Trustees

for the Year Ended 31 March 2018

STRATEGIC REPORT

Achievement and performance

Highlights of the achievements of Veterans in Communities during the year can be found from page 22 of this document.

Financial review

Financial position

The Statement of Financial Activities set out on page 8 shows how our funds were raised and applied during the year. This statement separates funds, which the charity itself controls - unrestricted funds, from funds which have to be spent in a manner determined by the donor - restricted funds.

The trustees are guarantors of the company. Their liabilities as set out in the memorandum are limited to £10 per guarantor.

Principal funders

Veterans in Communities is grateful to all the funders who have made the delivery of services possible during the year:

- " East Lancashire Clinical Commissioning Group
- " Heywood, Middleton and Rochdale Clinical Commissioning Group through the Social Investment Fund
- " ABF The Soldiers' Charity
- " Greggs Foundation
- " Changing Futures project, part of the Building Better Opportunities Fund jointly funded by the Big Lottery Fund and the European Social Fund

VIC continues to receive support from a number of local small businesses which have maintained their association with VIC over a number of years: Catherine Smythe Media, Liz Henson Photography, and In4Sight.

Partnership working has proved how vital collaboration and joint working is in meeting the needs of our members. We are fortunate and pleased to have worked with all of our partners; Citizen's Advice Rossendale, Military Veterans Service, Royal British Legion, Rochdale Metropolitan Council, Inspire, Armed Forces Covenant Groups in Burnley, Pendle and Rochdale to name just a few.

We owe a huge debt to the people of East Lancashire, Rochdale, Heywood and Middleton for their continued support for VIC. During the year our building suffered a break-in and an amount of money was stolen, including the deposits paid by members for their Christmas meals. Local people responded to the news with overwhelming generosity. Monetary donations covered the full costs of Christmas meals for veterans and replaced the other stolen money. Donations exceeded the amount stolen, and after consideration by the Board of Trustees, a small Hardship Fund was set up with the remaining money. This can be accessed by members for small amounts of money to relieve a pressing and urgent issue.

Financial support was quickly followed by donations of food for Christmas hampers. The Conference Room was overwhelmed by tins, packets, boxes and chocolate for over a fortnight. A staggering 33 hampers were made up and delivered to those facing Christmas on their own, those recently bereaved, single veterans with children, and those experiencing financial hardship.

As always we are also grateful to the local businesses and organisations who support us; Asda, Tesco, local churches, sponsors of our first Veterans and Voices event.

Report of the Trustees for the Year Ended 31 March 2018

STRATEGIC REPORT

Financial review

Investment policy

The Trustees of Veterans in Communities review the Investment Policy on an annual basis, considering cash flow needs of the organisation and the level of reserves available for investment.

At this time the Trustees feel there are not sufficient assets available for investment without creating a high risk level for cashflow.

The Trustees do take into consideration the limits of the Financial Services Compensation Scheme (FSCS) and during the year have set up two additional accounts with CAF Bank to ensure each financial institution holds amounts that fall fully within the FSCS limit of £85,000.

One of the new accounts provides a dual authorisation structure to the making of payments and strengthens our financial procedures as all payments except separately authorised direct debits go through this account.

Reserves policy

The Trustees of Veterans in Communities review the Reserves Policy on an annual basis, considering the reserves available, the need to designate funds against potential redundancy costs, future commitments and the level of risk acceptable to the Trustees.

The Trustees have determined that Veterans in Communities will maintain free reserves equivalent to a maximum of 25% of the projected expenditure for the following year. In the event that all or any funding is lost, the reserves will enable VIC to maintain a service whilst researching and sourcing other funding.

At 31st March 2018 VIC has £81,906 as free reserves after designated funds are accounted for. This represents 43% of budgeted expenditure for the financial year 2018/19. This figure is significantly higher than the parameters set by the Trustees.

However, the Trustees are aware of the changing environment in which our principal funders operate. In particular there are far reaching and substantial changes occurring in the wider health economy leading to reduced budgets, shifting priorities and a reduction in organisational knowledge and experience. The local Clinical Commissioning Groups have been our most constant supporters, but are unable to give guarantees or projections regarding funding post March 2019. Consequently the Trustees will not seek to unduly reduce the free reserves to the level of 25%. The reserves will be maintained where possible to enable continuity and long term viability of the organisation.

VIC is fortunate to hold the asset of the VIC building within its accounts. However, this building is held in trust for the community and its value cannot be realised to the benefit of VIC.

Designated funds

The Trustees of Veterans in Communities have considered the development of the organisation and the length of employment of a number of staff. In order to mitigate against any funding risks in the coming year, the Trustees have deemed it prudent to designate funds to cover any required redundancies. For the period 1st April 2018 to 31st March 2019 this figure will be £10,000.

Veterans in Communities owns a vehicle purchased through grant funding, which has been depreciated over a number of years. Due to the age of the vehicle, the Trustees recognise that there will be additional expenditure to maintain it to an acceptable standard. It is therefore agreed that a fund to replace the vehicle be set up and a sum of £10,000 from this year's income be designated to this fund.

Report of the Trustees for the Year Ended 31 March 2018

STRUCTURE, GOVERNANCE AND MANAGEMENT

Veterans In Communities (VIC) is a registered charity operating within a company limited by guarantee. VIC Incorporated as a Company Limited by Guarantee in September 2012 and achieved charitable status in March 2013.

VIC currently has a Board of 8 Trustees responsible for governance and developing and driving strategy. A sub group of senior staff and Trustees form the Executive Group that has a day- by-day management role. The Trustees are voluntary social entrepreneurs who are passionate about the area and have worked for years to make it a better place to live and work. They are all local people chosen for their skills and experience. They give generously of their private time, at their own expense, with a shared commitment to building a better future for ex-services personnel, their families and the wider community.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Veterans in Communities for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 11 September 2018 and signed on the board's behalf by:

R Barker MBE - Trustee

Independent Examiner's Report to the Trustees of Veterans in Communities

Independent examiner's report to the trustees of Veterans in Communities ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2018.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

N Grindrod FMAAT

~ Could

N J Grindrod & Co Limited

21 Hare Hill Road Littleborough

Lancashire

OL15 9AD

11 September 2018

Statement of Financial Activities for the Year Ended 31 March 2018

		Unrestricted	Restricted	31.3.18 Total funds	31.3.17 Total funds
		funds	funds	Total Tunus	Total Tunus
	Not	£	£	£	£
	es				
INCOME AND ENDOWMENTS FROM Voluntary income		144,149	7,391	151,540	121,141
Activities for generating funds	2	5,871	-	5,871	6,962
Investment income	2 3	29		29	56
Total		150,049	7,391	157,440	128,159
EXPENDITURE ON Charitable activities	4				
Charitable Activities		98,978	57,690	156,668	178,662
Governance costs		1,500		1,500	1,983
Total		100,478	57,690	158,168	180,645
		-		-	•
NET INCOME/(EXPENDITURE)		49,571	(50,299)	(728)	(52,486)
RECONCILIATION OF FUNDS					
Total funds brought forward		52,333	60,643	112,976	165,462
TOTAL FUNDS CARRIED FORWARD		101,904	10,344	112,248	112,976

Statement of Financial Position At 31 March 2018

				31.3.18	31.3.17
		Unrestricted	Restricted	Total funds	Total funds
	Not	funds £	funds £	£	£
	es	L	r	r	£
FIXED ASSETS	05				
Tangible assets	9	270,750	-	270,750	279,548
CVIDDENT ACCIDE					
CURRENT ASSETS Debtors	10	28,160		28,160	7,105
Cash at bank and in hand	10	82,841	10,342	93,183	122,396
		111,001	10,342	121,343	129,501
CREDITORS					
Amounts falling due within one year	11	(9,845)	-	(9,845)	(26,073)
			7		
NET CURRENT ASSETS		101,156	10,342	111,498	103,428
NET CURRENT ASSETS		101,130	10,342	111,498	103,428
TOTAL ASSETS LESS CURRENT		251 007	10.040	202.240	202.054
LIABILITIES		371,906	10,342	382,248	382,976
CREDITORS					
Amounts falling due after more than one					
year	12	(270,000)	1-3	(270,000)	(270,000)
		-		-	
NET ASSETS		101,906	10,342	112,248	112,976
			1.————————————————————————————————————		
FUNDS Unrestricted funds	13			101,906	52 222
Restricted funds				101,900	52,333 60,643
TOTAL FUNDS				112,248	112,976

Statement of Financial Position - continued At 31 March 2018

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 11 September 2018 and were signed on its behalf by:

R Barker MBE -Trustee

Notes to the Financial Statements for the Year Ended 31 March 2018

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property - not provided Plant and machinery - 25% on cost

Fixtures, fittings and office - 33% on cost and 25% on cost

equipment

Motor vehicles - 25% on cost

The property is shown at the value when gifted and is not to be depreciated as it has no specific useful life. Its full value is shown within 'Tangible Fixed Assets' (note 9) and 'Contingent liability' (note 12) and will remain there indefinitely. Correspondingly, the 'Contingent liability' (note 12) will remain there indefinitely until VIC no longer has use for the property and it is gifted back to the Haslingden Community.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

1. **ACCOUNTING POLICIES - continued**

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

ACTIVITIES FOR GENERATING 2. **FUNDS**

	ronds			
	Rental income Art sales Subscriptions Merchandise sales		31.3.18 £ 3,687 2,184	31.3.17 £ 1,646 2,702 1,392 1,222
			5,871	6,962
3.	INVESTMENT INCOME		31.3.18	31.3.17
	Bank interest		£ 29	£ 56
4.	CHARITABLE ACTIVITIES COSTS			
		Direct costs	Support costs	Totals

	Direct costs	Support costs	Totals
Charitable Activities	£ 156,668	£	£ 156,668
Governance costs	<u>-</u>	1,500	1,500
	156,668	1,500	158,168

5. **NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.18	31.3.17
	£	£
Accountancy fees	1,500	1,983
Depreciation - owned assets	8,798	(3,198)

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2018 nor for the year ended 31 March 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2018 nor for the year ended 31 March 2017.

7. STAFF COSTS

	31.3.18	31.3.17
	£	£
Wages and salaries	115,679	118,325
Other pension costs	156	3,895
	115,835	122,220

The average full time equivalent employees across the year, with 37.5 hours per week representing full time, was 5.

The average full time number of staff was 3 and part-time staff was 5

The average monthly number of employees during the year was as follows:

	31.3.18	31.3.17
Support staff	8	7
		====

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted	Restricted	Total funds
	funds	funds	C
INCOME AND ENDOWMENTS FROM	£	£	£
Voluntary income	35,638	85,503	121,141
Activities for generating funds	6,962	1.5	6,962
Investment income	56		56
Total	42,656	85,503	128,159
EXPENDITURE ON Charitable activities			
Charitable Activities	19,268	159,394	178,662
Governance costs	1,983		1,983
Total	21,251	159,394	180,645

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

8.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued					inued
				Unrestricted funds	Restricted T funds £	otal funds £
	NET INCOME/(EXPEND	TURE)		21,405	(73,891)	(52,486)
	RECONCILIATION OF F	UNDS				
	Total funds brought forwa	rd		30,927	134,535	165,462
	TOTAL FUNDS CARRIE	D FORWARI)	52,332	60,644	112,976
9.	TANGIBLE FIXED ASSE	TS				
<i>7</i> •	THE OTDER THE PROOF	10		Fixtures,		
		Freehold property	Plant and machinery	fittings and office equipment	Motor vehicles	Totals
		£	£	£	£	£
	COST At 1 April 2017 and 31 March 2018	270,000	14,632	29,176	17,994	331,802
			3 -3	 *		
	DEPRECIATION					
	At 1 April 2017	-	10,974	27,784	13,496	52,254
	Charge for year		3,658	642	4,498	8,798
	At 31 March 2018	<u>u</u>	14,632	28,426	17,994	61,052
	NET BOOK VALUE	270 000		760		270.750
	At 31 March 2018	270,000		750		270,750
	At 31 March 2017	270,000	3,658	1,392	4,498	279,548

Depreciation on the property is no longer required and has therefore been written back to its original gifted value on the basis that VIC will enjoy use during its lifetime and will not benefit from any appreciation in value after any transfer of ownership.

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Trade debtors Other debtors Prepayments and accrued income	31.3.18 £ 21,572 96 6,492 28,160	31.3.17 £ 213 96 6,796 7,105
11.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	Trade creditors Other creditors Accruals Deferred income	31.3.18 £ 7,241 2,604 ————————————————————————————————————	31.3.17 £ 6,492 4,772 6,652 8,157 26,073
12.	CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN O	ONE YEAR	
	Contingent liability in respect of Gifted Property	31.3.18 £ 270,000	31.3.17 £ 270,000

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

13. MOVEMENT IN FUNDS

Unrestricted funds General fund Donations Fundraising - Singing East Lancs CCG Voices Concert HMR-INT Vehicle Replacement Fund Redundancy Contingency Fund	At 1.4.17 £ 45,736 52,333	Net movement in funds £ 10,489 8,599 4,418 7,584 1,503 16,980	Transfers between funds £ (20,000)	At 31.3.18 £ 36,225 8,599 4,418 7,584 1,503 23,577 10,000 10,000
Restricted funds HMR-SIF DCEPT LCC Building Resilience Fund Greggs Foundation Building Better Opportunities; Changing Futures ABF The Soldiers Hardship Fund	21,510 1,926 26,228 1,790 1,214 7,975	(21,510) (23,347) (1,790) (1,902) (3,357) 1,605 (50,301)		1,926 2,881 (688) 4,618 1,605
TOTAL FUNDS	112,976	(728)		112,248

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement in
	resources	expended	funds
	£	£	£
Unrestricted funds			
General fund	10,489	-	10,489
Donations	8,599	<u>=</u>	8,599
Fundraising - Singing	4,418	5	4,418
East Lancs CCG	80,001	(72,417)	7,584
Voices Concert	2,317	(814)	1,503
HMR-INT	44,225	(27,245)	16,980
	150,049	(100,476)	49,573
Restricted funds			
HMR-SIF	.=-	(21,510)	(21,510)
LCC Building Resilience Fund	-	(23,347)	(23,347)
Greggs Foundation	121	(1,790)	(1,790)
Building Better Opportunities; Changing Futures	4,340	(6,242)	(1,902)
ABF The Soldiers	170	(3,357)	(3,357)
Hardship Fund	3,051	(1,446)	1,605
	7,391	(57,692)	(50,301)
	.=	-	9
TOTAL FUNDS	157,440	(158,168)	(728)

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

ar Islaes 🗷 Beardersuppersons institutionalesses and requestrements some absorbing state.	Net		
	1	novement in	
	At 1.4.16	funds	At 31.3.17
	£	£	£
Unrestricted Funds			
General fund	10 505	27 22 1	15 726
	18,505	27,231	45,736
Overcoming Barriers	12,422	(12,422)	
HMR-INT		6,597	_6,597
	30,927	21,406	52,333
Restricted Funds			
HMR-SIF	21,302	208	21,510
East Lancs CCG	90,000	(90,000)	-
DCEPT	6,036	(4,110)	1,926
MOD-Open All Hours	17,197	(17,197)	40.0
LCC Building Resilience Fund	67	26,228	26,228
Greggs Foundation	-	1,790	1,790
Building Better Opportunities; Changing Futures	-	1,214	1,214
ABF The Soldiers		7,975	7,975
	134,535	(73,892)	60,643
	-		0
TOTAL FUNDS	165,462	(52,486)	112,976

Notes to the Financial Statements - continued for the Year Ended 31 March 2018

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

Un unatwisted for de	Incoming resources	Resources expended £	Movement in funds £
Unrestricted funds General fund	15 060	11 262	27 221
Overcoming Barriers	15,868	11,363 (12,422)	27,231
HMR-INT	26,788	(12,422) (20,191)	
THVIX-IIVI		(20,191)	6,597
	42,656	(21,250)	21,406
Restricted funds			
RBC-MOD-AFCC	3,618	(3,618)	2:
HMR-SIF	21,710	(21,502)	208
VIC Dig	3,658	(3,658)	-
Crew Bus	4,499	(4,499)	-7
East Lancs CCG	*	(90,000)	(90,000)
DCEPT	4	(4,110)	(4,110)
MOD-Open All Hours	2	(17,197)	(17,197)
LCC Building Resilience Fund	40,000	(13,772)	26,228
Lancs CCAP	300	(300)	3 2 0
Greggs Foundation	1,790	3.50	1,790
Building Better Opportunities; Changing Futures	1,928	(714)	1,214
ABF The Soldiers	8,000	(25)	<u> 7,975</u>
	85,503	(159,395)	(73,892)
	·	-	
TOTAL FUNDS	128,159	(180,645)	(52,486)

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2018.

Detailed Statement of Financial Activities for the Year Ended 31 March 2018

	Unrestricted funds £	Restricted funds £	31.3.18 Total funds £	31.3.17 Total funds £
INCOME AND ENDOWMENTS				
Voluntary income				
Donations	10,217	1	10,218	4,095
RBC-MOD-AFCC	. 	~	-	3,618
HMR-SIF	i=	_		21,710
Fundraising-Singing	4,418	-	4,418	3,260
Fundraising-Other	÷	-	-	1,194
VIC Dig	7	-	-	3,658
Crew Bus	15.	_		4,499
East Lancs CCG	80,000	_	80,000	1
Freedom parade		-	(<u>-</u>	200
Voices concert	2,317	<u></u>	2,317	100
HMR-INT	42,330	4.220	42,330	26,788
Building Better Opportunities ABF The Soldiers	170	4,339	4,339	1,928
LCC Building Resilience Fund	. 	-	-	8,000
Lancs CCAP	-	_	-	40,000
Greggs Foundation	-	-	-	300 1,790
Hardship Fund	-	3,051	3,051	1,790
Voluntary income - General	4,867	3,031	4,867	100 10
Volumary meome - General			4,007	
	144,149	7,391	151,540	121,141
Activities for generating funds				
Rental income	3,687	-	3,687	1,646
Art sales	2,184		2,184	2,702
Subscriptions	*	-	-	1,392
Merchandise sales		<u> </u>	-	1,222
	5,871	E	5,871	6,962
Investment income				
Bank interest	29	-	29	56
Total incoming resources	150,049	7,391	157,440	128,159

EXPENDITURE

<u>Detailed Statement of Financial Activities</u> for the Year Ended 31 March 2018

Charitable activities	Unrestricted funds	Restricted funds	31.3.18 Total funds £	31.3.17 Total funds £
Wages	69,026	16 (52	115 (70	110 225
Pensions	(693)	46,653 849	115,679 156	118,325
Gas, electricity and water	2,188	1,052	3,240	3,895
Telephone and computer costs	4,500	0.000,000,000	1000 Pt. 1000 1000 1000 1000 1000 1000 1000 10	5,871
Post, stationery and adverts	6,195	1,120 891	5,620	8,544
Sundries	983		7,086	3,230
Direct costs	4,998	1,679	2,662	1,896
Motor expenses	3,861	1,898 405	6,896	6,264
Travel and refreshments	1,189	1,897	4,266 3,086	6,636
Rent	1,109	361	361	1,608 1,032
Insurance	2,335	301	2,335	200-200-2000
Professional fees	595	271	2,333 866	2,991 780
Repairs	2,804	541	3,345	3,672
Miscellaneous equipment	2,004	J+1 -	5	3,072
Cleaning and hygiene	354	75	429	615
Depreciation Depreciation	641	13	641	
Depreciation			041	_13,003
	98,976	57,692	156,668	178,662
Support costs Governance costs				
Auditors' remuneration	1,500		1,500	1,983
Total resources expended	100,476	57,692	158,168	180,645
			3	
Net expenditure	49,573	(50,301)	(728)	(52,486)

Supporting ex-military and emergency services personnel, and their families

150 +

New members identified, registered and supported

200+

outreach sessions delivered across Pendle, Hyndburn, Rossendale, Rochdale, Heywood and Middleton

Support and referrals to access services

- Military Veterans Service
- Royal British Legion
- Citizens' Advice
- Food parcels
- Health services
- Housing support
- Benefits support

Encouraging members to use their skills and experience to benefit the local community

VIC members worked with Burnley FC in the Community to transform a shop in Burnley into a Community Café

3 mentoring and skills sharing projects with individual teenagers and the Challenge Group

Bacup Cemetery World War I graves maintenance Rossendale and Middleton allotments

Art

Twice weekly collection of food and delivery to two food share projects in East Lancashire

Working in partnership to support the Armed Forces Covenant and recognise in-service and ex-service personnel

Representation on and active participation in 3
Armed Forces Covenant Groups

- Pendle
- Burnley
- Heywood, Middleton and Rochdale

Full partner in the delivery of the Integrated
Neighbourhood Team contract in HMR
Partnership work and delivery with
BFC in the Community
Participation in Mental Health Awareness
Week events

Representation at 10 Remembrance and Armistice Day events across East Lancashire and Heywood, Middleton & Rochdale

Armed Forces Week flag raising ceremony in Haslingden

Establishing partnerships to work towards addressing issues affecting former armed forces personnel and their families

24

Partnership meetings with other organisations to develop joint working

40

Presentations and training sessions given to partner agencies on the issues faced by ex-services personnel

30

Information stands held across East
Lancashire, Heywood, Middleton and
Rochdale to raise
awareness

Supporting health and wellbeing

Peer support
Art Group
Singing Group
Craft Group

Allotment projects in Rossendale and Middleton

Annual programme of walks, activities and social inclusion trips

Eden Camp visit Rivington Pike walk

Brockholes Nature Reserve

Police Museum Darwen Tower walk

Hack Green Nuclear Bunker

Opportunities and support to participate in wider projects

3 VIC members have been actively involved in a number of projects delivered by Bravo 22, including sculpture in various mediums, performances, films and writing

Supporting health and wellbeing Cont.

Bank Holiday openings. VIC only closed for Christmas Day Weekend trips, walks and involvement in community events

33 Christmas Hampers delivered to those alone on Christmas Day

Access to Mental Health First Aid training

Use of the VIC Centre for appointments with specialist psychological services, Citizens Advice, Lancashire Wellbeing Service and Inspire.

Return to economic activity

Changing Futures project, funded by the Big Lottery and European Social Fund, provided intensive one to one support to enable veterans to move closer to the job market.

One to one support tailored to meet the needs of the individual and an action plan to help them achieve skills, confidence and move towards finding employment

Delivery of courses to improve skills and increase confidence

Fundraising

VIC Singing Group raised a staggering £4,418 from collections during performances

Donations to VIC totalled £7,851

Veterans and Voices Concert established raising over £700
Other fundraising raised an additional £1600

Volunteers

VIC is extremely grateful to each and every one of our volunteers who give so generously of their time and skills.

1000+

Volunteer hours gifted to VIC

Equal to £7,830+ if paid at minimum wage

Art Group Walking programme
Social inclusion trips Allotment
Crafty Chatters Singing Group
Outreach, especially in Middleton and
Hyndburn

Thank you to our funders













Heywood, Middleton and Rochdale Clinical Commissioning Group









THE DOWAGER COUNTESS ELEANOR PEEL TRUST

Awards and Recognition

Veterans in Communities
received The Royal
British Legion Greater
Manchester and
Lancashire Award for
Partner Organisation
(Third Sector)





D-Day veteran Lewis Banham receiving his Dutch Liberation Medal from Brigadier David Hargreaves, Chairman of the Royal Signals Association.

Lewis was also awarded the Legion d'Honneur from the French people and this was presented by Mayor of Rossendale Councillor Colin Crawforth.

Impact

Gordon* served in the British Army for four years, completing an operational tour of Afghanistan, as well as training deployments to Canada. His last six months of service were particularly difficult and he turned to alcohol to help cope with the stress and anxiety of day-to-day life during that time.

On leaving the Army, Gordon moved back to his hometown and managed to secure a few part-time jobs. However, it was here that he began to discover the extent to which he suffered from severe anxiety, primarily caused by being in large groups of people he didn't know.

He explains how feelings of panic would set in when people spoke to him in a certain way and says this was the catalyst for him to seek help from mental health services: "The panic made me feel like I was being put into a corner. After my second job out of the Army, I really struggled and started looking for help from mental health services. I felt like I was losing it a bit, so I wanted to find some help."

Unfortunately for Gordon, his experiences of the mental health system didn't end up being wholly positive and he was passed around a number of different services in his local area. Finding VIC was the turning point.

He was initially engaged in a walking programme and activities at the VIC centre, but this gave him the courage and impetus to go on to other things: "Ever since that first meeting, I've been coming here regularly and joining in on the activities. They've helped me take part in qualifications further afield and they've also given me somewhere where I don't feel like so much of an outsider."

Gordon joined a team of veterans from VIC working on the allotment project, developing it from an overgrown plot to a flourishing allotment site. He has since gone on to complete a 14-week, Level 1 Horticulture Course, via VIC.

Reflecting on the impact that VIC has made on his life, Gordon says: "Before I came to Veterans in Communities, I was isolated, suffering from severe depression, rage, anxiety, I'd lost a lot of my own personal friendship groups. I was willing to take my own life before I came here. Since all the help and support and nurturing that they've given me, they've made me not even consider that dark part anymore. They've given me belief in myself to keep going, even though sometimes with what I have going on in my head, it's very hard. But they've given me confidence to keep pushing, even if it feels crud sometimes."