## **Social Inclusion** projects



Veterans in Communities (VIC) is an ex-services charity based in East Lancashire. Established in September 2012, VIC supports ex-service personnel, their families and members of the uniformed services who have experienced difficulties re-integrating with the community on returning to civilian life.

Social inclusion is fundamental to all that VIC delivers; all of the activities and projects are about supporting a marginalised group of people to reintegrate with mainstream society.



Veterans bowling Easter weekend

The VIC team work with small groups of the most vulnerable of veterans who are having a difficult transitional period. They can be struggling with multiple complex issues; one of these being social isolation, particularly at certain times of the year.

VIC specialise in specific social inclusion projects by organising a range of activities to promote a healthier lifestyle, reintegration and the building of social networks.

## Our projects have included;

- At Christmas a project organised that included feeding the homeless on Christmas Day, taking part in a sports activity, helping other veterans with the VIC centre refurbishment, a social gathering with VIC members and their families and a Christmas meal with two other ex-service organisations.
- Over Easter a similar group of veterans were involved in a number of activities which included bowling, fishing and visiting an award winning substance misuse service in Liverpool.

If this service may be of benefit to you or any of your family please call 01706 833180 or email info@veteransincommunities.org





