



Veterans In Production

IT HAS been a very creative time for Veterans In Production as donated wood has been recycled into a myriad of different items.

Accrington and Rossendale College was able to offer VIC off cuts of wood from its woodworking department and Simon Peace cleverly made them into garden Jenga games.

Operations Manager Bob Elliott said: "We are now selling the games from the VIC Centre at a cost of £20.

"We were also asked

by photographer Liz Hall and our press officer Catherine Smyth to create a stall for a human fruit machine game that they are using to raise money for Rossendale Hospice."

Outreach Worker Steve Butterworth quickly swung into production to create the bespoke stall with three cut out holes for buckets and even painted it.

Liz said: "We would like to thank VIC for acting so quickly and creating just what we needed for our stall at Weir Fete."

A number of pallets

have also been donated by Haslingden engineering firm Filter Fabrications.

Veterans have broken them down into planks ready for the next creations. Other pallets were donated by J and J Ormerod of Bacup.

A lot of the wood has been used to create planters for our allotment in Helmshore, which has been project managed by Steve.

Brian also made his first DVD storage unit at the VIC Centre, thanks to expert tuition from Simon and David Joddrell.



STUNNING fretwork pictures have been created by Outdoor Activities Co-ordinator Ivy Limbrick and they will be available to pre-order as prints in time for Remembrance - contact the office.

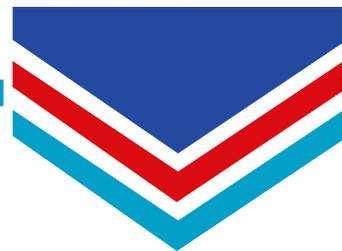
Woodworking course

PLACES are available on the third woodworking course to be held at the VIC Centre in Haslingden.



The six-week courses have led to members creating stunning items. Sessions are run by Dave Joddrell from 10am until 3pm. Each session costs just £3, including tea and coffee and all materials.

To book a place call 01706 833180.



Volunteers dig deep

A BIG thank you to our Volunteer Support Worker Mel and her husband Paul for clearing the garden of Second World War veteran Doug Hocken.

RAF veteran Doug, 90, from Rawtenstall, has not been able to do any work on his garden for a number of years and it has become overgrown.

Thanks to Mel and Paul,

the front beds have been cleared and the back, which is in three tiers on a slope, is also being tackled.

Operations Manager Bob Elliott said: "They have done an excellent job. Once everything starts to die back they will be cutting it and creating a garden that Doug will be able to enjoy with his grandchildren."

The garden is being



cleared in stages and the second phase, which is now underway, will see a patio area cleared.

The remaining two tiers of the rear garden will be cleared in the New Year.



PROJECT Worker Jaqui Collins attended a meeting of the Middleton District Nurses celebrating 70 years of the NHS.

Book sale boosts VIC work

A BIG thank you for the many books that have been donated to VIC for resale in Tesco, Haslingden

In its first week, the book stall at the store raised £432.

The sale will be on throughout the summer and will be raising money for a number of different charities including VIC.

VIC was delighted to be able to provide organisers with nine trolleys full of books to sell.



Veterans got rhythm



VIC was a guest of Carers' Link at a fun afternoon at Bowley Scout Camp in Great Harwood.

A number of different organisations were represented and VIC members Chief Executive Liz Hamilton and veteran Degs, Admin officer Amanda Walton and veterans Guy and John attended.

Amanda said: "There was a campfire, barbecue and also drumming workshops using African drums. Members also got to look round the tipi village. It was a really nice day."

Crosby trip

A SOCIAL inclusion trip to Crosby Beach is planned for Thursday July 26.

Members will be making a welcome return to see the Antony Gormley statues – Another Time Another Place.

Refreshments are available and suitable clothing must be worn.

Places are limited to 11 including the driver.

To book a place contact 01706 833180.

Mini-Annes

VIC has received the generous donation of 10 brand new Mini-Anne mannequins for CPR training.

Operations Manager Bob Elliott said: "We would like them to go to a good home, possibly to a school or a community group where they could be used for training.

"If any organisation would like them, all we are asking is that they make a donation to VIC."

For more information contact Bob on 01706 833180.

Horse course

VIC members Alan Willetts and Brian are taking part in a six-week course working with horses at Shorehey Farm, Briercliffe.

Burnley FC in the Community is funding the course which is looking at how to help veterans with low level mental health issues use the power of horses to give them an opportunity to 'find their place' back in the community.



Armed Forces Week

FLAGS were raised and veterans paid their respects at a number of events to mark Armed Forces Week.

Operations Manager Bob Elliott attended a ceremony at County Hall in Preston when Armed Forces Week was launched.

On Armed Forces Day – Saturday June 30 – all veterans and their families were entitled to free bus travel on Transdev buses.

In Rossendale, at St Mary's Gardens in Rawtenstall, Bob, Liz Hamilton, Steve Butterworth and Bill Ogden attended a flag raising ceremony.

In Rochdale, Steve was accompanied by two 95-year-old veterans, two at 80 plus, one in their sixties and one nearly 60 for the Rochdale flag raising ceremony for Armed Forces Day.

There was also an outstanding performance by the VIC Singing Group and their collectors at ASDA in



Rawtenstall.

An amazing £701 was collected from shoppers and a massive thank you to everyone who helped singing, collecting and donating.

Members of VIC Steve and Bill also joined around 70 veterans for a meal at Burnley Football Club.

The lunch, at Turf Moor, saw veterans from Bury,



Trafford, Rossendale, Burnley, Nelson, Colne and Rochdale enjoying a celebratory lunch.

A Remembrance Garden was also opened in Rochdale.



Breakfast club

ROSSENDALE Armed Forces and Veterans' Breakfast Club is proving hugely popular.

Around 30 veterans attended the July meeting at Bumbles Café at Haslingden Community Link.

Entertainment was provided by Bob Fox and a raffle raised money for Scotty's Little Soldiers Charity.



Teambuilding fun

A FURTHER seven members of VIC enjoyed a teambuilding day at Whitehough.

This time they tried archery, high ropes, an aerial zigzag path

and a leap of faith. A collection of photographs and videos are available to view on Facebook. Burnley FC in the Community runs the centre.



Fantastic Bob Ross art class



MORE amazing artwork has been created at the latest Bob Ross class at VIC.

This time there were two very young artists Lizzie and Izzie and their work was spectacular.

The 25th painting in

the style of Bob Ross class will be held on Saturday July 28 and the cost is £35, which includes all materials and refreshments. A packed lunch is advised.

Spaces are very limited and to book call 01706 833180.



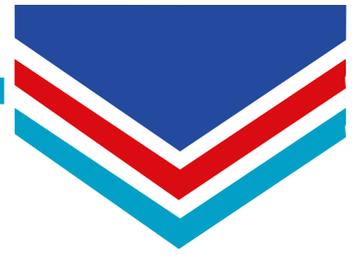
Cafe opens

NEXT month Burnley FC in the community will open a new community café in the town centre at Charter Walk.

VIC has been involved in the project since January when we were invited to help strip out the fittings from the shop that had been based in the unit.

Our Burnley outreach will be relocating into the community café.

See next month's newsletter for the official opening.



ROSSENDALE

Activities are held at the VIC Centre, Bury Road, Haslingden, BB4 5PL, unless otherwise stated.

Outreach Service

MONDAY-FRIDAY

10am-3pm

For a home appointment call 01706 833180

MONDAY

Crafty Chatters

10.30am-12.30pm

TUESDAY

Allotment in Helmshore

Volunteers are being sought to help Outreach Worker Steve Butterworth with the allotment on Holcombe Road, Helmshore. Contact 01706 833180.

WEDNESDAY

Community Arts and Crafts

10am-noon

Art Class

2pm-4pm

Jubilee Court, Jubilee Road, Haslingden, BB4 4DD.

THURSDAY

Singing Group (weekly)

6.30-8.30pm

TUESDAY AND FRIDAY

Art Group and drop-in

10.30am-3.30pm

SECOND SATURDAY

Veterans' Breakfast Club

10am-12-30pm

Bumbles' Cafe, Haslingden Community Link, Bury Road, Haslingden BB4 5PG

Walking Group, Social Outings and Outdoor Activities

These are held every **THURSDAY**. Please visit the *Events* section on our VIC Facebook page or log on to the VIC website and follow the link to *Projects and Activities*. Places must be booked.

Positive Art

Our art shop is now based at the VIC Centre, Bury Road, Haslingden, BB4 5PL, contact 01706 833180 for details.

HEYWOOD, MIDDLETON AND ROCHDALE

The Sandbag Cafe and drop in

TUESDAY

10am-noon

Sandon House, Taylor Street, Heywood OL10 4EF.

TUESDAY AND SOME FRIDAYS

FROM MAY 11am-3pm

Allotment, Lattrigg Crescent, Langley, Middleton M24 4LU.

Check with VIC 01706 833180

THURSDAY

9.30-10.30am Rochdale Breakfast Club, Rochdale Town Hall Bistro OL16 1AB.

10.30am-noon

VIC Outreach

1 Riverside, Rochdale OL16 1UB.

THURSDAY

11.30am-1.30pm

Lighthouse Project, Unit S6b/c Middleton Shopping Centre, Limetrees Road, Middleton M24 4EL.

Check with VIC 01706 833180

HYNDBURN

Outreach Service

MONDAYS

1-3pm

Ground floor near cafe Accrington Market.

VIC – 01706 833180 Contacts

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Arts and Crafts Co-ordinator Darren Horsnell

darrenhorsnell@vic.org.uk

Outdoor Activities Co-ordinator Ivy Limbrick

ivylimbrick@vic.org.uk

Singing Group Bookings Barry Hyde

barryhyde@vic.org.uk

Combat Stress Helpline

0800 138 1619

NHS Military Veterans Psychological Therapies Service (NW)

0161 253 6638

The Royal British Legion

0808 802 8080 7 days a week 8am - 8pm

SSAFA

email Lancashire@ssaifa.org.uk

01772 260 462

Rossendale Citizens' Advice

0300 456 2552 Mon to Fri 10am-4pm

The Samaritans

01706 830999 Freephone 116 123

Mental Health Helpline

0800 915 4640 Mon to Fri 7pm - 11pm Sat & Sun 12 noon to 12 midnight

Royal Air Forces Association

0800 018 2361

Veterans UK Free Helpline

0808 1914 218

East Lancashire Single Point of Access via GP or self-referral

01282 657116

Bolton Armed Forces Centre 4 Veterans

www.ba4v.org 01204 776628

PENDLE

Outreach Service

10am-noon

MONDAY - first week only

Place de Creil, near Wilkos, Nelson.

MONDAY - second week only

Market Place Car park, Town Square Colne.

Contact 01706 833180 for dates of outreach at the Armed Forces Support Group, Holmefield Mill, Gisburn Road, Barrowford.

Want to help?

To donate to support the work of Veterans In Communities please visit our website and click on the secure BT MyDonate page

www.vic.org.uk

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