

VIC NewsletterProject to remember

AS REMEMBRANCE approaches VIC is involved with a number of projects including working with students to make sure a graveyard is tidied up in time for Armistice Day.

One of our supporters County Councillor David Stansfield was contacted by a member of the Rossendale Branch of the Lancashire Family History and Heraldry Society with concerns about the graveyard at the former St John's Church, Stonefold.

Jean Harrison had been asked to find a grave for someone researching their family tree.

Although she knew the graveyard

well, as her family were members of the church when it was still open, she was shocked by what she found.

"I was appalled by the height of the grass and condition of the graves as many had fallen or been laid flat and it was impossible to read the names or find the grave I was looking for," she said.

County Councillor Stansfield is arranging with Rossendale Council to sort the grass and VIC is working with AccRoss College in Accrington to tidy up the graves.

The college is running a Military Preparation Programme and the course is very practical in nature, with military-style discipline.

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Students wear uniform, and are trained and expected to conform to military-style standards of dress and discipline.

The course prepares the students to join the Armed Forces if that is their chosen career.

Manager Bob Elliott said: "As part of the course they have to do a community project and they will be working with VIC.

"Outreach worker Steve Butterworth and his son Adam, who is completing work experience from university with us, are organising the project.

"The students will be cleaning up the



area around several Commonwealth War Graves and a grave where a soldier is remembered at St John's. Adam is also completing his degree project on the First

World War.

"The graves will be documented and the information will be added to the VIC database of First World War soldiers in Rossendale."

VIC was called in to help ensure a former soldier James Hargreaves, who served in the Royal Army Service Corps during the Second World War, was properly honoured at his funeral in Waterfoot.

We were able to put his granddaughter in contact with someone to play the Last Post and sent out a request for standards to attend.

Members of VIC will be present at the Remembrance Service in Haslingden on Sunday November 8 at 1pm and anyone attending is welcome to call in at the VIC Centre after the service when we will be serving refreshments.

Our VIC Singing Group will be

performing at a host of events. The group has been asked to perform at the Festival of Remembrance Concert at St James Church, Haslingden, on Sunday November 1.

The singing group will be in Stacksteads on November 6 for the Service of Remembrance and will be performing at Rossendale Business Awards which is being held on Armistice Day at The Riverside, Whitworth.



www.veteransincommunities.org

Twitter @VICRossendale

info@veteransincommunities.org



Art on show

VIC Art Group held an exhibition at the Salford Veterans' base at St Thomas's Church, Pendleton.

We were made very welcome and received fantastic comments about the standard of art work and have been invited back by the Vicar to hold a longer more extensive exhibition.

Many thanks to Glenn Croston, Steve Butterworth and Tracey Vick for helping to organise the exhibition.

Thanks again for sending me your Newsletter. I'm sitting here in Widnes with tears in my eyes reading about the wonderful work your organisation has done. I work with many organisations who have done a lot over the last few months to commemorate WW1 but seeing written down really "Gets to me" as I remember my Grandfather who served with both the Lancashire and Yorkshire Artillery before joining the Royal Flying Corps in 1917. As a comment in your Newsletter says "We will and do Remember them everyday!" Already looking forward to the next edition.

> Dave Armed Forces Champion at Widnes DWP



Walk and art combine

VIC art group had a great outdoor painting class in Pendle.

Although the weather was a bit chilly, some great work was completed and VIC would like to thank the staff at the Game Cock Great Harwood for making us all welcome.

VIC members who were not in the Art group enjoyed a walk from Sabden and then joined everyone else at the pub for lunch.





Sing-a-long a-shop

SHOPPERS were entertained by the VIC Singing Group in Tesco in Accrington and £231 was donated to VIC.

The group is also working with students at Alder Grange Community and Technology School in Rawtenstall to record and produce a CD.





Crew Van's Capers

WHERE has Crew Van been this month...?

 It was used to take members of VIC on a walk in Padiham;

• It helped Cubs and Beavers from 42nd Rossendale go to the Lancashire Police Behind the Badge day;

• Crew Van took members and equipment to recce jobs that we have been asked to carry out.

Give us a wave if you see Crew Van in your area.

Shortlisted

ONE of our funders the East Lancashire CCG has been shortlisted for the Health Service Journal (HSJ) Clinical Commissioning Group of the Year Award.

VIC members met judges to answer questions about how the CCG has helped organisations like us by funding our services and activities.

Presentation

WE WILL be delivering a small presentation on the work of VIC to a Veterans Awareness Workshop at the Mount in Accrington.

To book your place email learning.enquiries @Lancashire.nhs.uk

www.veteransincommunities.org



Project unites veterans charities

Military veterans living in Greater Manchester will be given extra support to access mental health services, thanks to a pilot partnership scheme.

Pennine Care NHS Foundation Trust, which has been providing specialist mental health services for ex-service personnel since 2011 through the Military Veterans' Service, will work in partnership with Walking With the Wounded, Veterans In Communities and Inspiration NW, to deliver the scheme.

VIC will be a key player in the delivery of the project by

My husband, myself and my sister attended the dedication service at Bacup Cemetery. We would like to thank you for a moving service. Also for all your time and efforts you have put into the War Graves Project.

B and M Sunderland and J Brumby Bacup providing peer support.

Manager Bob Elliott said: "Our role in the project will be to provide peer support and to engage with veterans in the Greater Manchester area to find out if they have accessed services and if not why not and then we will be passing that information on to the other charities.

"We are very excited to be a part of this scheme which starts this month and we are looking to employ an additional part-time worker to fulfil the role."

To inquire about this role call 01706 833180.

The scheme will develop

Tai Chi Session

VETERANS will be chilling when Lighthouse Tai Chi hold a session on Thursday October 29 at 2pm.

Tai Chi combines deep breathing and relaxation with slow and gentle movements. Originally developed as a martial art in 13th Century China, Tai Chi is today practiced around the world as a health promoting exercise.

If you would like to book a place contact 01706 833180.



VIC held a stand at the Soapbox Challenge in Stubbylee Park, Bacup, organised by Stubbylee Community Greenhouses. As well as raising awareness, members got to see go-karts of all shapes and sizes racing through the park.

various projects to help veterans overcome barriers to accessing mental health services.

These will include increased use of peer support, the development of veteran champion roles in services, production of emotional wellbeing resources tailored to veterans' needs, and improved routes into training and employment - all of which will be developed with the direct input of veterans and the wider armed forces community.

Commissioned by NHS England as a pilot, the scheme has a particular focus on veterans who are at greater risk of developing mental health problems, for example, those who leave the forces early, or in difficult circumstances, as well as reservists.

It is hoped the partnership work will be rolled out nationally and used to help shape the way veterans across the country access mental health services, ensuring easy access when they need support.

Veterans and members of the wider armed forces community interested in being involved or wanting to volunteer should email the.mvs @nhs.net or call 0300 323 0707.



A CIRCULAR walk around Gawthorpe in Padiham was enjoyed by VIC members.

The four-mile walk included the odd climb and rough sections and started from Padiham Town Hall and took in the stunning Gawthorpe Hall, it was still beautiful despite being closed for conservation work.

Football collection

SCARVES and collecting tins at the ready – VIC has been given permission to collect at the Burnley V Huddersfield match at Turf Moor on Saturday October 31.

Crew van will leave the VIC Centre at 12.30pm, returning at 3.30pm.

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What's On and Where What's On and Where



Outreach Services MONDAY-FRIDAY 11am-1pm VIC Centre, Bury Road, Haslingden, BB4 5PL. WEDNESDAY 10-12 noon Central Methodist Church, Burnley Road, Bacup, OL13 9AH. Tel: 07731730442.

Singing Group THURSDAY 6.30-8.30pm VIC Centre, Bury Road, Haslingden, BB4 5PL.

HEYWOOD, MIDDLETON AND ROCHDALE

Outreach Service

WEDNESDAY - second, third and fourth weeks only 10.30am-12.30pm Fast Forward Cafe, Champness Hall, Drake Street, Rochdale OL16 1PB. WEDNESDAY - every week 11.30am-1.30

PENDLE

Outreach Service

VIC – 01706 833180

Business Development and Administrative Executive Liz Hamilton lizhamilton@veteransincommunities.org

Operations Manager Bob Elliott bobelliott@veteransincommunities.org 07961 554 006

Outreach Worker Steve Butterworth stevebutterworth@veteransincommunities.org

Volunteer Outreach Worker Tony Stubbs tonystubbs@veteransincommunities.org

Arts and Crafts Co-ordinator Darren Horsnell darrenhorsnell@veteransincommunities.org

Volunteer Outreach Worker and Music Project Co-ordinator Peter Webster

peterwebster@veteransincommunities.org

Lighthouse Project, Warwick Mill, Middleton M24 1AZ

Walking Group

Walks will be held on the 2nd and 4th **Thursdays** and are combined with the Rossendale walking group.

TUESDAY 10am-noon Bailway Street Communi

Railway Street Community Centre, Railway Street, Nelson, BB9 9EH.

> Combat Stress Helpline 0800 138 1619

NHS Military Veterans Psychological Therapies Service (NW) 0161 253 6638

The Royal British Legion 0808 802 8080 (7 days a week 8am-8pm)

Rossendale Citizens' Advice Bureau 0844 499 4121 (from a landline) 0300 456 2552 (from a mobile)

The Samaritans 01706 830999

Mental Health Helpline 0500 639000 Mon to Fri 7pm - 11pm Sat & Sun 12 noon to 12 midnight Royal Air Forces Association 01772 426930

East Lancashire Single Point of Access via GP or self-referral 01282 657116

Art Group and drop-in FRIDAY 11am-3pm VIC Centre, Bury Road, Haslingden.BB4 5PL.

Walking Group

Walks will be held on the 2nd and 4th **Thursdays**. Weather permitting.





VIC has its own arts and crafts shop based at 4 Bury Road, Rawtenstall, BB4 6AA near the junction with Bacup Road.

Opening times

Thursday	10am-5pm
Friday	10am-5pm
Saturday	10am-5pm
Sunday	11am-3pm
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Tel: 07437874696

Want to help?

If you want to donate to support the work of Veterans In Communities please visit our website and click on the secure PayPal link

www.veteransin

communities.org



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